

Available to schools, community groups and the sector

Unwrapping the kids- Bring on Prep

- Understanding Early Years
- It's ok to let them fall
- Clicking into the wide world web.

Building Kids That Bounce

- Taking risks
- building healthy relationships
- Cyber Savvy Kids
- Modelling good behaviour

Small and Snotty

3 sessions

1. solutions not sagas
2. cyber savvy kids
3. resilience-building kids that bounce

Small and Snotty to Tall and Spotty is a parent engagement series that draws on the knowledge and involvement of parents to come up with shared language and solutions within the school community. It is facilitated by workers who are connected to the local sector and have a strong knowledge base of current and local issues pertaining to school aged children. We do not pretend to be the experts, our role is to facilitate the evening and let the parents come up with solutions that best fit their families and their communities.

The series is broken into 3 different forums

Forums	Target group	Format	Description
Bursting the Bubble Bring on Prep	Pre prep- prep Ages 4-6	45 min	Exploring with parents how to build strong resilient Kids through supporting educated risk in play Strategies for promoting safe and healthy use of the internet in your home.
Building Kids that Bounce	4-9 years K-3	2 hrs interactive	Creating strong resilient children through community connection and play Language of safety Creating language, safety and rules around technology use. Strength through experience
Small and snotty 1. sloutions not sagas 2. cyber 3. resilience	 10-16 8 years and up 8 years and up	 2 hours interactive	 3 packages- all can be one off or can be delivered in a package over 3 weeks. 1. Solutions not sagas 2. Cyber savvy 3. Resilience- building kids that bounce

<p>(1) SOLUTIONS NOT SAGAS ‘the plan’</p> <p><i>Celebrating the excitement that adolescence brings. Skills and strategies for keeping communication open and dealing with issues as they emerge in a positive and constructive way.</i></p> <ul style="list-style-type: none"> • Identifying risk and protective behaviours • Understanding emerging Tween and adolescent behaviours • Creating connection through conversation • Safe parties • Creating language, safety and rules around technology in your home. • Supporting emerging independence 	<p>(2) CYBER SAFETY 8 years - onward</p> <p><i>Technology is the greatest generation gap of our time. This session looks at strategies for closing the gap between grown-ups and digital natives. Simple strategies that allow you the kids and the computer to live in harmony.</i></p> <ul style="list-style-type: none"> • What is technology and what does it mean to our kids • Creating a place for technology in your house and your family • Tech support –the social stuff. • Logging on with your kids. 	<p>(3) RESILIENCE 8 years -onward</p> <p><i>Sometimes life’s not fair- this session explores ways of supporting your child to bungy out of the half empty glass and jump right into the glass that’s half full.</i></p> <ul style="list-style-type: none"> • What to do when the fish is dead? • Helicopter parenting V free range parenting • Celebrating success and failure • Resisting the need to fix everything • Raising happy kids
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FORMAT Small and Snotty

<p>Bring on Prep 45min- 1 hr Max 200</p>	<p>Building Kids that Bounce 2 hr interactive Max 50</p>	<p>Sagas, Cyber and Resilience sessions. Yr5-secondary 2 hr session (max 50)</p>
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COSTS

For presentations outside the BATForce region

Bring on Prep \$150	Building Kids that Bounce \$300	Solutions Not sagas, Cyber & Resilience \$300	
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Costs are a guide only, in some instances travel and accommodation may need to be built into this price.

Solutions Not Sagas, Cyber savvy and Resilience Building Kids that bounce.

Session A (1 hr session) more 'chalk and talk approach' targeting community groups.

Session B (2 hour session, interactive must be seated at tables of no more than 8.)

- Parents invited into the space for tea and coffee- 15 minutes informal time
- Begin with a trivia quiz, this is designed to create a sense of fun and information sharing.
- The facilitator then introduces the topics and the format for the evening.
- A practical activity in each group will then help set the scene for the night eg.. a trivia game.
- The facilitators using a series of overheads and white board work with the group to create shared language and understanding around the issues specific to parenting the cohort of children that the workshop is targeting.
- Each table is given a number of scenarios to workshop and come up with a plan as to how they would address the issue.
- Closing summation of the night,

Feedback sheets handed out

Parents invited to have a look through written resources made available from agencies, Geelong Regional Parenting