

Information news for the C.A.O.S Network – #172

Dear Members,

Below is information that may be of interest to CAOS members.

- 1. 'Submit. She Whispers' performance and art exhibition by young creatives at Courthouse Youth Arts.**
- 2. Carols in West Park, Sunday November 26. Free Event.**
- 3. "Jukurrpa" My Ancestor Stories Exhibition Launch Sunday 10 December 3.00pm at Penangk Aboriginal Art Gallery.**
- 4. Reclink Super 8's Cricket is inclusive, fun and suitable for players of all ages and abilities.**
- 5. Free Professional Development and Supervision Opportunity.**
- 6. The Belonging In Geelong (BIG) Peer Action Group, Celebration for International Day for People with a Disability IDPwD.**
- 7. Access All Areas Film Festival Geelong. IDPwD.**
- 8. Nominations Now Open, Geelong Awards for People with a Disability 2018.**
- 9. genU - Mental Health First Aid dates/venues for 2018.**
- 10. The 'She Does - Women making a difference' breakfast. November 29.**
- 11. Celebrating Diversity Christmas Appeal – Diversitat.**
- 12. Help Geelong Be Healthy and Safe – Have your Say.**
- 13. Starting the Conversation – Local Production – Strong Spirit.**
- 14. The Little Birdie Pop-up Café. is now open for business!**

15. Make your Pledge for a Clever & Creative Geelong.

16. Worksafe's Jobs at Home Day Campaign.

17. Do you have Job Seekers living in the 3219 postcode area, who are unsure of the career path they want to follow?

18. Reclink – All Abilities Basketball this Week.

19. New Report: Towards an adaptive education system in Australia.

20. New Report: Bright futures: Spotlight on the wellbeing of young people from refugee and migrant backgrounds.

1. 'Submit. She Whispers' performance and art exhibition by young creatives at Courthouse Youth Arts.

Friday 1 December, Saturday 2 December and Sunday 3 December 2017. It is with great pleasure that Somebody's Daughter Theatre Company in collaboration with Courthouse Youth Arts invites you.

Join us for a most memorable night of Story, Art and Song!

Your complimentary tickets can be secured by contacting Laura at Courthouse Youth Arts – Phone: 03 5224 2815 or Email: admin@courthouse.org.au.

2. Carols in West Park, Sunday December 3. Free Event.

The Geelong West Neighbourhood House presents this free community interpreted event .

When: Sunday December 3, 2017

West Park: Corner Pakington & Autumn Sts Geelong West

Time: 5.00pm to 6.30pm

BYO: Picnic, rug & low chairs

Interpreter funding from deaf access– Building Inclusive Communities program DHHS

The Geelong West Neighbourhood House has partnered with Hodges, St John's Lutheran School and OneCare Geelong to present the inaugural Carols in West Park.

This is a FREE event which gives us all the opportunity to come together to celebrate and help our community at Christmas time.

3. “Jukurrpa” My Ancestor Stories Exhibition Launch Sunday 10 December 3.00pm at Penangk Aboriginal Art Gallery, 3/112 Pakington St, Geelong West.

Join Central Desert painter, Raymond Walters Penangk, as he shares the richness of his culture through brush strokes, dots and colour.

Raymond has adopted a contemporary, abstract and unique style of painting, using a wide range of colours and textures depicting the energy of Jukurrpa (Dreaming Stories) and song lines that belong to his Grandfather’s country Ngarleyekwerleng (Yuelumu) and his Grandmother’s country Alhalkere (Utopia).

Come along for an afternoon of art, storytelling, dance and culture. Light refreshments. The gallery is located between O’Connell and Wellington Streets.

4. Reclink Super 8’s Cricket is inclusive, fun and suitable for players of all ages and abilities.

New players and teams are welcome and all equipment is provided.

The format of the game allows for equal batting and bowling time for all participants and the rules are completely modifiable for beginner players or those with special needs.

To get involved or for more info please call or text Rhan 0415541889

WHAT : Reclink Super 8’s Cricket

WHO : Participants of all abilities plus scorers and umpires also needed.

WHEN : 10.30 am every Friday concluding with Grand Finals on December 15th (Games finish around 1.30 pm)

WHERE : Eastern Park Circuit Ovals <https://goo.gl/maps/ATZNLrp2K7s>

5. Free Professional Development and Supervision Opportunity.

My name is Jenni Harris, and I am offering several free supervision/professional development services. I hold a Doctorate and a Masters in Creative Arts Therapy and I'm a registered supervisor with ACA (Australian Counselling Association).

At this stage my proposal is to offer 3 X 3 hour sessions next year. (Perhaps one at the

I offer reflective, experiential and creative inquiry sessions to groups of people, generally of a professional background.

The aim is to reflect on professional and personal concerns, values and potentials in order to consider what's working well and how to strengthen it, what's not working and how to make wise choices concerning changes. In this process, I offer an opportunity for people to connect with purpose, meaning and values in order to enrich and inspire their professional life and therefore help prevent burnout. This in turn has a noticeable flow on effect to the people they work with.

Dr Jennifer Harris

Contemplative Creative Arts Therapy & Reflective Practice Supervision

0406 943 526

jh_art@yahoo.com.au

6. The Belonging In Geelong (BIG) Peer Action Group, Celebration for International Day for People with a Disability.

This is a community event and we everyone to attend.

This year's theme is Transformation towards sustainable and resilient society for all.

There will be:

Guest Speakers

Lunch

Celebration/party afterwards.

So, pump up your tyres, catch the bus and train, just come along and join the fun. Get here any way you can.

WHEN: Friday 1st December 2017

TIME: 10.30am – 2:00pm

WHERE: Deakin Cats Community Centre at Simonds Stadium (Kardinia Park, Geelong)

RSVP BY 24TH NOVEMBER

Please let us know of any dietary requirements.

TO RSVP Please call Jenny on 0433332151 or email: macphersonjennyl@gmail.com

7. Access All Areas Film Festival Geelong. IDPwD.

HOST: City of Greater Geelong

VENUE: Geelong Performing Arts Centre

ADDRESS: 50 Little Malop Street, Geelong

DAY: Friday, 1st December

TIME: Event starting at 5pm, films at 6pm

ACCESSIBLE FEATURES: Interpreter for the opening and Open captions

ACCESS: wheelchair accessible, toilets fully accessible, close to public transport

Here is the link: <https://www.eventbrite.com.au/e/access-all-areas-film-festival-shorts-program-geelong-tickets-38483355753>

8. Nominations Now Open, Geelong Awards for People with a Disability 2018.

These awards celebrate the amazing contribution people with a disability make to our City. Submit nominations to recognize some incredible achievements and help promote a fully inclusive community. Proudly brought to you by genU and the City of Greater Geelong.

The Award Categories:

- Volunteering & Employment
- Leadership & Advocacy
- Achievement

Who Can be Nominated for an Award?

To be eligible to receive an award nominees are required to be a City of Greater Geelong resident with a disability.

To Enter visit: www.geelongaustralia.com.au/disabilityawards

Nominations close at 5pm on Tuesday 5 December 2017.

- Monday 5th and Tuesday 6th March – Eastern Hub, East Geelong - Connor Room
- Monday 16th and Tuesday 17th April – genU Training, Corio – Room 1
- Monday 14th and Tuesday 15th May – Eastern Hub, East Geelong - Connor Room
- Monday 4th and Tuesday 5th June – Eastern Hub, East Geelong - Connor Room
- Monday 16th and Tuesday 17th July – Eastern Hub, East Geelong - Connor Room
- Monday 13th and Tuesday 14th August – genU Training, Corio – Room 1
- Monday 3rd and Tuesday 4th September – Eastern Hub, East Geelong - Connor Room
- Monday 15th and Tuesday 16th October – Eastern Hub, East Geelong - Connor Room
- Monday 19th and Tuesday 20th November – Eastern Hub, East Geelong - Connor Room
- Monday 3rd and Tuesday 4th December – Eastern Hub, East Geelong - Connor Room

For further information contact call 1300582687 or email Jules Haddock

Julie.haddock@genu.org.au

10. The 'She Does - Women making a difference' breakfast. November 29.

Hosted by Leisure Networks, G21 and Women's Health and Wellbeing Barwon South West. Guest speakers include Erin Hoare, recently drafted by the Melbourne Football Club. This event is also appropriate for any student leaders interested in making a difference in this area.

Event details

Date: Wednesday 29th November

Time: 7am –8.30am

Location: Deakin Cats Community Centre, Simonds Stadium

Cost: \$15.00 per head (includes light breakfast, tea & coffee)

Speakers Include

Libby Mears –CEO Leisure Networks

Ricky Bell –Chief Operating Officer AFL Victoria

Katie Geerings–AFL Barwon

Sue Cormack –Leisure Networks & St Josephs Football Netball Club

ERIN HOARE –Melbourne Demons Football Club

Bookings: <https://www.trybooking.com/SVXI>

11. Celebrating Diversity Christmas Appeal – Diversitat.

For over 40 years, Diversitat has supported multicultural communities and individuals across the Geelong and Barwon Regions. This festive season they invite you to join them in Celebrating Diversity during their Christmas Appeal.

With the launch of a specially created online Advent Calendar, we at Diversitat are excited to share with you the broad spectrum of programs and services we provide everyday across our local communities.

Dignity, respect and acceptance are the basic values that define Diversitat's everyday work. We actively promote and celebrate harmony, cultural diversity, peace and social justice. And so, for each day of December, leading into Christmas we have a story, program or activity that demonstrates the ways in which we create inclusion and unity and how it enriches everyone's community life.

Funds raised from this year's Christmas Appeal will support areas of greatest need within Diversitat and allow us to continue our everyday work that is so important to some of the most vulnerable within the community.

Help Diversitat celebrate diversity this Christmas and provide dignity, respect and acceptance to some of the most vulnerable in our community. Visit www.diversitat.org.au and donate to our 2017 Christmas Appeal – you will change a person's life.

12. Help Geelong Be Healthy and Safe – Have your Say.

The City is currently drafting its integrated Council and Municipal Public Health and Wellbeing Plan. We are seeking community feedback to gauge support for health and wellbeing actions to be included in this plan.

Under Section 125 of the Local Government Act and Section 26(3) of the Public Health and Wellbeing Act, the City must prepare a Council Plan and a Municipal Public Health Plan by 30 June 2018. The legislation now provides the ability to integrate both these documents into one single plan. This is the proposed approach for the City in 2018-21 to encourage a whole-of-Council focus on health and equity.

The Council and Municipal Public Health Plan will identify the priorities our new Council will focus on during their term, and work towards delivering the first three years of the Greater Geelong: a clever and creative future long-term vision and nine community aspirations.

Have your Say <http://www.geelongaustralia.com.au/yoursay/item/8d52b662a1a3b54.aspx>

13. Starting the Conversation – Local Production – Strong Spirit.

A documentary on growing Strong Spirit to overcome problem gambling in Wathaurong country. This is a great documentary that has a powerful message for all Australians

<https://www.youtube.com/watch?v=KflrnW8G3HI&feature=youtu.be>

14. The Little Birdie Pop-up Café, is now open for business!

The Little Birdie will be operating on Monday to Friday at 39 Robin Ave Norlane. As The Little Birdie is mobile it can be hired on weekends and weeknights to provide coffees or to cater events in and around Geelong.

Every \$\$\$ goes back into supporting and developing neighbourhood initiatives in Norlane.

For more information and to stay up to date you can visit our website www.thelittlebirdie.org.au or follow us on Facebook. We look forward to inviting you all to our official launch early next year, but in the mean time we would love you to pop by for a coffee.

The establishment of second phase of this social enterprise, The Aviary Café will begin the second half of next year.

We look forward to your continued support of these exciting initiatives.

Kaylene Reeves
The Little Birdie Manager / Urban Seed Norlane Team Leader
0433766340

15. Make your Pledge for a Clever & Creative Geelong.

By 2047, Greater Geelong will be internationally recognised as a clever and creative city-region that is forward looking, enterprising and adaptive, and cares for its people and environment.

Make your pledge here:

<https://www.geelongaustralia.com.au/clevercreative/pledges/default.aspx>

16. Worksafe's Jobs at Home Day Campaign.

Now in its fifth year, WorkSafe's Jobs at Home Day campaign asks Victorians to create and order a custom badge to wear to work on the official Jobs at Home Day on December 8, reminding them to stay safe at work so they can come home to the jobs that need them most.

There are jobs at home that only you are qualified to do – the resident share-house film critic, the hide and seek specialist, the spider removal technician. But there's one requirement: that you come home safe.

Badges can be ordered from jobsathomeday.com.au from now until Friday 8 December, the official Jobs at Home Day.

Each person who orders or receives a badge will be in the running to win a \$5,000 travel voucher* - a bonus just in time for the holiday season!

If you'd like to get your team involved in the initiative, download the business toolkit for all the tips you need.

Let's celebrate our unofficial jobs – our jobs at home.

Order a badge

Involve your organisation

jobsathomeday.com.au

*Terms and conditions apply

17. Do you have Job Seekers living in the 3219 postcode area, who are unsure of the career path they want to follow?

We are in negotiation with three major construction companies who are looking to employ local job seekers in early 2018.

To prepare local people for this great opportunity, Whittington Works and The Gordon are

Job Seekers will experience a range of industries including carpentry, bricklaying, concreting and painting in just 1 week. Day 3 will include readiness for work workshops.

11 - 15 December 2017

9am – 3pm

The Gordon East Campus,
Boundary Rd. East Geelong.

To enrol contact Kelly McGovan at Whittington Works on 0439 676 117 or call in at the Bellarine Living and Learning Centre (school hours Monday – Thursday).

BY FRIDAY 10th DECEMBER 2017 – Only 15 places available!

18. ReLink – All Abilities Basketball this Week.

Just a reminder of our basketball session at GBNC this Wednesday.

All abilities welcome and coaching provided on the day. Beyond this session we are planning to enter a ReLink team in a standard mid week comp so this is a good opportunity to work on fitness and skills and to meet new friends/team mates.

Big thanks to Tim Downes from Leisure Networks for organising the event and sharing his expertise on the day.

WHAT : All Abilities Basketball – Short game round robin format. Coaching and equipment provided.

WHERE : GBNC 1 Crown St South Geelong <https://goo.gl/maps/strTDDhAe5F2>

WHEN : Wednesday 29th November , 1 pm – 3 pm

WHO : Players of all abilities from absolute beginners through to veterans.

**19. New Report: Towards an adaptive education system in Australia.
(Grattan Institute)**

This discussion paper argues that our current education system is not fit for purpose given the complex challenges it faces. These challenges show up in flat or declining performance in national and international tests; in the unacceptable number of students who are not ready for life after school; and in the persistent equity gaps among our schools, despite increased needs-based funding. <http://apo.org.au/node/121026>

20. New Report: Bright futures: Spotlight on the wellbeing of young people from refugee

(Victorian Health Promotion Foundation)

- Migrant and refugee students are less likely to find full-time employment after graduation (45%) compared with Australian-born students (69%) due to racial discrimination, lack of understanding of the local job market and overseas skills and qualifications not being recognised.
- Young migrants are much more likely to be employed in part-time than full-time work, compared with Australian-born young people. The 'gig economy' can expose refugee and migrant young people to precarious work conditions and other risks.
- Young Australians are more accepting of multiculturalism than older age groups, but incidences of racism have increased steadily over the last ten years having a serious impact on young people's mental wellbeing.
- Cyber-racism is a key threat for refugee and migrant young people in Australia. Muslims, refugees and asylum seekers are the most common targets of harmful race-based online content.
- Despite increasing knowledge in mental illness prevention and treatment, young refugees and migrants are less likely to access treatment and support due to mental health services not addressing a diversity of needs, and cultural beliefs and stigmas around mental illness.

<http://apo.org.au/node/120626>

CAOS information is issued by the Connected Communities Department of the City of Greater Geelong for creators and users of information regarding community development in the Geelong region. The inclusion of information about events, links, and articles within the CAOS newsletter is not necessarily endorsed or supported by the Greater City of Geelong.

For further information contact: Cathy Walker, City of Greater Geelong, Community Development Officer, PO Box 104, Geelong Vic, 3220. Ph: 03 52725130, (M) 0418148391. Email: cwalker@geelongcity.vic.gov.au

To contribute to CAOS, email your information to caos@geelongcity.vic.gov.au