The Transition Service is an inter-disciplinary team who provide the bridge between paediatric health services and adult health services. It supports young people with complex medical conditions and disability, to negotiate the move from their familiar paediatric health settings into the unfamiliar world of adult health.

The Transition Team aims to help the young person develop independence and responsibility for their own healthcare by focusing on skills in communication, decision-making, assertiveness and self-care, and deciding their future direction. The team also provides support to parents/carers throughout this process.

The Transition Service team consists of a Coordinator, Rehabilitation Consultant, Physiotherapist, Occupational Therapist, Speech Pathologist and Social Worker.

Thankyou Sally!

A very big thankyou to Sally Nepean for her exceptional coordination the service over the past 15 months! Sally has been remarkable with service promotion and marketing of our service via presentations to Community Health and Rehabilitation Executive, to the National Disability Insurance Scheme (NDIA), the National Disability Summit and many others. Sally also coordinated articles in Barwon Health’s magazine and Wednesday weekly newsletters. Thanks again Sally!

Staffing Update

We welcome Alison Christie to the team as our Speech Pathologist. Alison will fill Anna Pelly’s maternity leave position. Alison is well known to Barwon Health and is well recognised among colleagues as a team player with a strong client-centred approach. Welcome Alison!

Information Sessions

Office of the Public Advocate Session

‘Securing their Future’ was well attended by close to a dozen families of the Transition Service.

Carer Respite Information Session

The Transition Service team were made aware of the detailed supports available through Carer Respite and will endeavour to provide this important information to each family involved with our service.

Transition Skills Program

Our first 6 week program was completed on 26th August with all participants’ gaining valuable skills in a supported environment. Client sessions focused on:

- Talking to my Doctor and health professionals
- Knowing about my medications
- Recognising symptoms or complications
- Knowing where to get help
- Making my own appointments
- Knowing my healthcare rights
- Advocating for myself in the adult health world

Client feedback e.g.:

“I have more courage making appointments on the phone and in person. I feel more comfortable talking for myself with the Doctor instead of relying on mum.”
also feel more confident talking about my feelings and my health”

Parent feedback e.g.:

“My son has been much more confident to talk on the phone and to facilitate his sessions with the GP. He used the script he wrote during the program and the information Dr Crompton provided to him to plan his session with the doctor”

The next course is scheduled to commence later in the year. Please contact us if interested or in search of further details.

What about the National Disability Insurance Agency - NDIA?

The Transition Service team works with the young person and their family to help navigate the doorway to NDIA. This includes supporting them through the NDIA registration process and preparing for the initial planning meeting. The Transition Service team will then work in consultation with NDIA to ensure that any needs/goals identified in the transition process are reflected on the young person’s NDIA plan.

Secondary Consultation

The Transition Service team is available to support paediatric service providers with preparing 13-16 year old clients for the upcoming transition process. They are also available to deliver education sessions to service providers about what we can do for young people moving across services.

Who is eligible for this service?

- 16-25 years old
- Have a complex physical and/or neurological condition from childhood
- Require a coordinated approach to transition
- Live in the Barwon South-West region

We cannot accept referrals for:

- Client who have ONLY intellectual disability OR mental health issues
- Clients referred for ongoing therapy

How can I make a referral?

Please send all referrals to the Information and Access unit at Barwon Health.

A written referral from a Medical or health practitioner is required.

Information & Access contact details:

Ph: 1300 715 673
Fax: 4215 7795
Email: chrsinfoaccess@barwonhealth.org.au

Remaining 2015 Clinic Dates

Friday 18th September
Friday 16th October
Friday 13th November
Friday 11th December

Contact Us!

If you would like to know more about our service please contact:

Narelle Wilde – Coordinator

Ph.: 4215 5315 (Thurs, Fri)

transitionservice@barwonhealth.org.au